

NEW ENGLAND AREA YMCA SWIMMING CHAMPIONSHIPS
MARCH 12, 13 & 19, 20 2016
Zesiger Aquatic Center MIT Cambridge, MA

SWIMMING ENTRY FORM:

START TIME: Check meet format

MEET DIRECTOR: Elaine Kurkul

ADMISSION: Adults - \$6.00/session children - \$3.00/session

FACILITIES: MIT. 10 Lane competitive course. Warm down pool. Spectator seating for 500

ENTRIES: Entries must be received by Thursday, March 3, 2016. Time update for March 21 and 22 events must be received by noon Monday, March 14, 2016.

Entries preferred from HY-TEK Team Manager. Please email entries. You will receive verification of receipt by email. Hard copy and check must follow by mail.

Questions: Phone 781-665-9574
Email 7465@msn.com **NO Entries to this email**

Send entries to:

Richard Whitworth
40 Garland Street
Melrose, MA 02176

Email entries to:

neyswim@live.com
Subject line "NEY Champs"

ENTRY FEES: Entry fees must accompany entry. No entry fees can be Refunded.

Each swimmer entering this meet will be assessed a facility charge of \$10.00.

Individual entries

Electronic	\$6.75
Non electronic entries	\$7.25

Relay entries

Electronic	\$24.00
Non electronic entries	\$26.00

SWIMS Database: Times will be submitted to the US and YMCA times database.

Make all checks payable to:

New England YMCA Swimming

Please send only one check for all entries from your team.

- RULES:** The technical rules of US Swimming will govern all competition except for modifications made by this entry form.
- FORMAT:** All events will be run as timed finals. Meet will be pre-seeded and published in the program.
- SCORING:** Scoring will be to 16 places. Only four individuals from a team may score points in an individual event. One relay team from each team may score.
- AWARDS:** Medals will be awarded for 1st through 8th place in all events. Ribbons for 9th through 16th place. Trophy will be awarded to each age group and sex champion. Banner will be awarded to Men's, Women's, and Overall Champion.
- ENTRY TIMES & VERIFICATIONS:**
All competitors should enter with the best times achieved since October 1, 2015. Times from 2015 NE YMCA Champs and 2015 YMCA National short course and long course championship meets are also eligible. Times must be verified upon request of the Meet Committee.
- NUMBER OF EVENTS:**
A swimmer can enter and swim five (5) events. No more than three (3) of which may be individual events. If more than three (3) individual events are entered the first three events in the order of events will be used.
- BONUS EVENTS:**
Any swimmer who has a qualifying time in at least one (1) Individual event, and has not qualified in three (3) individual events may swim bonus events (not to exceed the total of 3 individual events), if their qualifying time is within .59 seconds of the qualifying time for the event. **Please note that should any session be oversubscribed, bonus events will be cut from that session.**
- TEAM RELAYS:**
Each team will be allowed an unlimited number of relay teams per event. All teams will be eligible for awards but only the highest placing relay team may score in each event.
- OFFICIALS:** Each team is expected to provide timers and officials throughout the meet. Please encourage your parents to volunteer after entering the pool. Credentialed officials may enter through the swimmers entry door. They must show their certifications for entry. Please wear Officials uniform.
- RELAYS:** Relay declaration cards will be available at the pool. A relay card with the name of the four swimmers competing must be presented to the computer table prior to the start of each event. There are no qualifying times for relays, but please enter relays with a time. Early submittal of relay declarations will allow for printing of relay participants names in results

PRE-SEEDING:

All events will be pre-seeded and seeding will be published in the program. It is the responsibility of each competitor to be in his/her lane at the time his/her heat is called.

INSURANCE:

All YMCA's must provide a certificate of insurance naming "MIT and MetroNorth YMCA" as additional insured in regard to the New England YMCA Swimming Championships held March 12,13 & 19,20, 2016. Certificate must accompany your entry. Please contact the Y's insurance agent now so the certificate is ready to mail with your entry.

ENTRANCE TO Zesiger Center:

Entrance for Coaches and Swimmers will be RESTRICTED. Swimmers may only enter the building during their swimming session. There will be no exceptions to this rule.

Coaches must obtain a current pass to enter the building. Passes will be provided by the YMCA Regional Representative only. In accordance with the YMCA Rules that Govern, all coaches must meet certification requirements to be on deck. We will no longer provide meet deck passes for coaches.

STARTING AREA:

The starting area is to be used only by the current heat and the next heat. No coaches or parents will be allowed behind the blocks.

NO SHOW RULE:

Any swimmer who fails to present themselves at the block at the time of the event will be scratched from that event. There will be no further penalty imposed

FIRST AID:

In the event of an accident at this sanctioned meet, the team's coach is responsible for the care of their participants. The meet director or the facility may provide for immediate temporary care, however, the coach or his/her Association will be responsible for any costs incurred if it is necessary to call 911 or to receive care in a hospital emergency room. To expedite matters, it would be helpful if swimmers or coaches would carry their insurance cards with them. Teams should also travel with a first aid kit. The meet director will make every effort to have ice available.

PLEASE NOTE:

MIT does not allow any deck chairs to be brought into the facility.

MIT staff will hang all banners. No duct tape is allowed anywhere in the facility.

SWIMMERS AGE:

A swimmer's age for this championship meet is determined as of December 1, 2015. A swimmer may only compete in one age group during the meet. A swimmer may choose to swim up in age during the meet. You may not swim a relay in an older age group with swimmers who have already competed or will compete in a younger age group.

WARM UP:

Warm up times and lanes **may** be assigned for all sessions during the meet. Warm up times and lane assignments will be posted on the web site prior to the meet **if they are assigned**. There will be warm up lanes available during the meet for warm up and cool down. These lanes are subject to closure at any time if there is misuse or concern for safety. It is the responsibility of a coach to supervise all swimmers using the warm up lanes. Your cooperation with the requirement is expected.

ADMISSION:

Please alert your parents that each session (age group) is a separate meet and requires separate admission. Fire laws and MIT require that the building be cleared of all swimmers and spectators after each session. We will not allow entry into the building for the next session until the building has been cleared. We will designate an area for coaches to remain during the time between sessions, so that they do not have to leave the building.

PARENTS ACCOMPANYING CHILDREN INTO THE FACILITY

Parents are not allowed to accompany swimmers into the building. If you have parents that are concerned about allowing their children to enter the building unaccompanied, you must make arrangements to meet them at the swimmers entrance. We will not allow a parent to accompany a child into the building for the safety of all swimmers.

FIRE CAPACITY:

The fire marshal will control spectator access to the building. Should the capacity of the building be reached, any additional spectators will be refused entrance until such time as the fire marshal feels it is safe to allow additional spectators to enter.

FIRE EXITS:

All walk ways, bleacher stairs, and exits must remain clear at all times. Please alert your parents that they will not be allowed to stand or sit, on the bleacher stairs.

NATIONAL QUALIFYING TIME TRIALS

Time Trials will be offered for the 200 butterfly, 200 breast, 200 Back, 400 IM, 200 Free Relay and 400 Medley Relay. Qualifying times are included for these events. Events will be swum immediately following the completion of the 13 and 14 year old session on Sunday, March 20, 2016. The meet director reserves the right to change the availability of these events if time does not permit them to be swum. Check the web site for any changes with the time trial events during the week prior to the meet.

	Female	Male
400 Med Rel.	4:05.99	3:42.19
200 Fly	2:13.69	2:00.99
200 Back	2:09.99	1:58.99
200 Breast	2:22.99	2:15.39
200 Free Rel.	1:44.99	1:34.49

**New England Area YMCA Swimming Championships MIT Zesiger Aquatic Center
March 12, 13 & 19, 20, 2016**

Session Start Times*

****Start times maybe adjusted due to meet size, check web site during week prior to the meet for any posted changes***

Saturday March 12, 2016

Class E Girls (8 & Under)

***Swimmer check in starts at 7: 00 AM, spectator seating opens at 7:15 AM
Warm Up 7:15 AM, Meet Starts 8:45 AM.***

Class E Boys (8 & Under)

***Swimmer check in starts at 2:30 PM, spectator seating opens at 3:00 PM
Warm Up 3:00 PM, Meet Starts 4:15 PM.***

Sunday March 13, 2016

Class D Girls (9 & 10 Year Olds)

***Swimmer check in starts at 6:45 AM, Spectator seating opens 7:15 AM
Warm Up 7:00. AM, Meet starts 8:45 AM***

Class D Boys (9 & 10 Year Olds)

***Swimmer check in starts at 2:30 PM, Spectator seating opens 3:00 PM
Warm Up 3:00 PM, Meet starts 4:15 PM***

Saturday March 19, 2016

Class C Girls (11 & 12 year olds)

***Swimmer check in starts at 6:30 AM, spectator seating opens at 7:00 AM
Warm Up 7:00 AM, Meet Starts 8:30 AM.***

Class C Boys (11 & 12 year olds)

***Swimmer check in starts at 2:30 PM, spectator seating opens at 3:00 PM
Warm Up 3:00 PM, Meet Starts 4:15 PM.***

Sunday March 20, 2016

Class B Boys and Girls (13 & 14 year old)

***Swimmer check in starts at 6:30 AM, spectator area opens at 7:00 AM
Warm Up 7:00 AM, Meet Starts 8:30 AM. * National Qualifying Time Trial***

Class A Boys and Girls (15-18 year olds)

***Swimmer check in starts 2:30 PM, spectator area opens at 3:00 PM
Warm up 3:00 PM, Meet starts 4:15 PM.***

2016 New England YMCA Qualifying Times

Number	Event	Bonus	Qualifying Time
Event 1	Girls 8&U 25 Fly	20.59	20.00
Event 2	Boys 8&U 25 Fly	21.59	21.00
Event 3	Girls 8&U 100 Medley Relay		
Event 4	Boys 8&U 100 Medley Relay		
Event 5	Girls 8&U 25 Back	21.79	21.20
Event 6	Boys 8&U 25 Back	22.09	21.50
Event 7	Girls 8&U 50 Free	39.79	39.20
Event 8	Boys 8&U 50 Free	39.89	39.30
Event 9	Girls 8&U 100 IM	1:38.99	1:38.40
Event 10	Boys 8&U 100 IM	1:41.79	1:41.20
Event 11	Girls 8&U 25 Breast	25.09	24.50
Event 12	Boys 8&U 25 Breast	25.59	25.00
Event 13	Girls 8&U 100 Free Relay		
Event 14	Boys 8&U 100 Free Relay		
Event 15	Girls 8&U 25 Free	17.89	17.30
Event 16	Boys 8&U 25 Free	18.09	17.50
Event 17	Girls 9-10 50 Fly	37.79	37.20
Event 18	Boys 9-10 50 Fly	39.59	39.00
Event 19	Girls 9-10 100 Breast	1:35.09	1:34.50
Event 20	Boys 9-10 100 Breast	1:38.59	1:38.00
Event 21	Girls 9-10 200 Medley Relay		
Event 22	Boys 9-10 200 Medley Relay		
Event 23	Girls 9-10 50 Back	38.79	38.20
Event 24	Boys 9-10 50 Back	39.79	39.20
Event 25	Girls 9-10 100 Fly	1:32.59	1:32.00
Event 26	Boys 9-10 100 Fly	1:37.09	1:36.50
Event 27	Girls 9-10 100 Free	1:13.59	1:13.00
Event 28	Boys 9-10 100 Free	1:14.09	1:13.50
Event 29	Girls 9-10 100 IM	1:23.59	1:23.00
Event 30	Boys 9-10 100 IM	1:25.59	1:25.00
Event 31	Girls 9-10 50 Breast	44.59	44.00
Event 32	Boys 9-10 50 Breast	45.79	45.20
Event 33	Girls 9-10 100 Back	1:24.59	1:24.00
Event 34	Boys 9-10 100 Back	1:26.59	1:26.00
Event 35	Girls 9-10 200 Free Relay		
Event 36	Boys 9-10 200 Free Relay		
Event 37	Girls 9-10 50 Free	33.29	32.70
Event 38	Boys 9-10 50 Free	33.59	33.00
Event 39	Girls 11-12 50 Fly	32.59	32.00
Event 40	Boys 11-12 50 Fly	34.09	33.50
Event 41	Girls 11-12 100 Breast	1:23.59	1:23.00

Number	Event	Bonus	Qualifying Time
Event 42	Boys 11-12 100 Breast	1:26.09	1:25.50
Event 43	Girls 11-12 200 Medley Relay		
Event 44	Boys 11-12 200 Medley Relay		
Event 45	Girls 11-12 50 Back	34.19	33.60
Event 46	Boys 11-12 50 Back	35.09	34.50
Event 47	Girls 11-12 100 Fly	1:16.59	1:16.00
Event 48	Boys 11-12 100 Fly	1:19.09	1:18.50
Event 49	Girls 11-12 100 Free	1:03.99	1:03.40
Event 50	Boys 11-12 100 Free	1:05.59	1:05.00
Event 51	Girls 11-12 200 IM	2:38.99	2:38.40
Event 52	Boys 11-12 200 IM	2:42.79	2:42.20
Event 53	Girls 11-12 50 Breast	39.29	38.70
Event 54	Boys 11-12 50 Breast	40.49	39.90
Event 55	Girls 11-12 200 Free	2:19.59	2:19.00
Event 56	Boys 11-12 200 Free	2:22.59	2:22.00
Event 57	Girls 11-12 100 Back	1:13.59	1:13.00
Event 58	Boys 11-12 100 Back	1:16.09	1:15.50
Event 59	Girls 11-12 200 Free Relay		
Event 60	Boys 11-12 200 Free Relay		
Event 61	Girls 11-12 50 Free	29.59	29.00
Event 62	Boys 11-12 50 Free	29.59	29.00
Event 63	Girls 13-14 200 Medley Relay		
Event 64	Boys 13-14 200 Medley Relay		
Event 65	Girls 13-14 200 Free	2:11.59	2:11.00
Event 66	Boys 13-14 200 Free	2:04.59	2:04.00
Event 67	Girls 13-14 200 IM	2:28.59	2:28.00
Event 68	Boys 13-14 200 IM	2:22.79	2:22.20
Event 69	Girls 13-14 50 Free	28.29	27.70
Event 70	Boys 13-14 50 Free	26.79	26.20
Event 71	Girls 13-14 100 Fly	1:08.09	1:07.50
Event 72	Boys 13-14 100 Fly	1:06.89	1:06.30
Event 73	Girls 13-14 100 Free	1:00.09	59.50
Event 74	Boys 13-14 100 Free	56.59	56.00
Event 75	Girls 13-14 500 Free	5:48.59	5:48.00
Event 76	Boys 13-14 500 Free	5:37.59	5:37.00
Event 77	Girls 13-14 100 Back	1:07.79	1:07.20
Event 78	Boys 13-14 100 Back	1:07.09	1:06.50
Event 79	Girls 13-14 100 Breast	1:18.39	1:17.80
Event 80	Boys 13-14 100 Breast	1:17.59	1:17.00
Event 81	Girls 13-14 200 Free Relay		
Event 82	Boys 13-14 200 Free Relay		

Number	Event	Bonus	Qualifying Time
Event 83	Girls 15-18 200 Medley Relay		
Event 84	Boys 15-18 200 Medley Relay		
Event 85	Girls 15-18 200 Free	2:07.99	2:07.40
Event 86	Boys 15-18 200 Free	1:58.19	1:57.60
Event 87	Girls 15-18 200 IM	2:25.59	2:25.00
Event 88	Boys 15-18 200 IM	2:13.59	2:12.50
Event 89	Girls 15-18 50 Free	27.59	27.00
Event 90	Boys 15-18 50 Free	25.29	24.70
Event 91	Girls 15-18 100 Fly	1:06.59	1:06.00
Event 92	Boys 15-18 100 Fly	59.69	59.10
Event 93	Girls 15-18 100 Free	58.09	57.50
Event 94	Boys 15-18 100 Free	52.99	52.40
Event 95	Girls 15-18 500 Free	5:40.09	5:39.50
Event 96	Boys 15-18 500 Free	5:22.59	5:22.00
Event 97	Girls 15-18 100 Back	1:06.69	1:06.10
Event 98	Boys 15-18 100 Back	1:01.99	1:01.40
Event 99	Girls 15-18 100 Breast	1:16.59	1:16.00
Event 100	Boys 15-18 100 Breast	1:09.59	1:09.00
Event 101	Girls 15-18 400 Free Relay		
Event 102	Boys 15-18 400 Free Relay		

Time Trials

Event 103	Women 400 Medley Relay	4:06.58	4:05.99
Event 104	Men 400 Medley Relay	3:42.79	3:42.19
Event 105	Women 200 Fly	2:14.28	2:13.69
Event 106	Men 200 Fly	2:01.58	2:00.99
Event 107	Women 200 Back	2:10.58	2:09.99
Event 108	Men 200 Back	1:59.58	1:58.99
Event 109	Women 200 Breast	2:30.58	2:29.99
Event 110	Men 200 Breast	2:15.98	2:15.39
Event 111	Women 200 Free Relay	1:45.58	1:44.99
Event 112	Men 200 Free Relay	1:35.08	1:34.49

New England YMCA Entry fee form. (Hy Tek meet entry fee report may be substituted for this form)

YMCA _____

Coach _____

Email Address _____

Boy's Entries

Hy-Tek Individual _____ @\$6.75 Total Due \$ _____
Manual Individual _____ @\$7.25 Total Due \$ _____

Hy-Tek Relays @\$24.00 Total Due \$ _____
Manual Relays @\$26.00 Total Due \$ _____

Girl's Entries

Hy-Tek Individual _____ @\$6.75 Total Due \$ _____
Manual Individual _____ @\$7.25 Total Due \$ _____

Hy-Tek Relays @\$24.00 Total Due \$ _____
Manual Relays @\$26.00 Total Due \$ _____

_____ Swimmers (including relay swimmers)x \$10.00 \$ _____

Total due \$ _____

Please make check payable to New England YMCA Competitive Swimming

Please forward only one check for the total amount due.

New England Area YMCA Swimming championships
March 12, 13 & 20, 21, 2016
MIT Cambridge, MA

We certify that all listed competitors have been full privileged members of our YMCA for at least 90 days as of March 12, 2016. We further certify that all competitors have only represented this YMCA in any open swimming competition since October 1, 2015. That we are in compliance with all other “rules that govern YMCA sports competition”. We further certify that our swimmers will be supervised at all times by our appointed coach, and we shall be responsible for their conduct during the meet. The liability policy of this association is in force and extends to our competitors during this event. We have provided a certificate of insurance, naming “MIT and MetroNorth YMCA” as additional insured in regard to these New England YMCA Swimming Championships.

Association (YMCA)_____

Executive Director’s Signature_____

Coach’s Signature_____

